

Kids On Up Psychotherapy  
101 Conner Drive, Suite 203  
Chapel Hill, NC 27514

**PARENT QUESTIONNAIRE**

Date \_\_\_\_\_ Form Completed By \_\_\_\_\_

**Child's Full Name** \_\_\_\_\_ [ ]Male [ ]Female Birthdate \_\_\_\_\_

Address \_\_\_\_\_  
Street City State County Zip

**Guardian Name and Relationship** \_\_\_\_\_ Birthdate \_\_\_\_\_

Address (if different from above) \_\_\_\_\_

Phones:

Home \_\_\_\_\_ Can we leave a message w/a person? [ ]Y [ ]N Voicemail? [ ]Y [ ]N

Cell \_\_\_\_\_ Can we leave a message w/a person? [ ]Y [ ]N Voicemail? [ ]Y [ ]N

Work \_\_\_\_\_ Can we leave a message w/a person? [ ]Y [ ]N Voicemail? [ ]Y [ ]N

Email \_\_\_\_\_

Occupation, Employer \_\_\_\_\_

**Guardian Name and Relationship** \_\_\_\_\_ Birthdate \_\_\_\_\_

Address (if different from above) \_\_\_\_\_

Phones:

Home \_\_\_\_\_ Can we leave a message w/a person? [ ]Y [ ]N Voicemail? [ ]Y [ ]N

Cell \_\_\_\_\_ Can we leave a message w/a person? [ ]Y [ ]N Voicemail? [ ]Y [ ]N

Work \_\_\_\_\_ Can we leave a message w/a person? [ ]Y [ ]N Voicemail? [ ]Y [ ]N

Email \_\_\_\_\_

Occupation, Employer \_\_\_\_\_

**Insurance Company** \_\_\_\_\_

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## HEALTH INFORMATION

**Pregnancy and Birth: Any complications?** [ ]Yes [ ]No If yes, briefly explain:

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Smoking during pregnancy [ ]Yes # cigarettes smokes per day \_\_\_\_\_ [ ]No

Alcohol consumption during pregnancy [ ]Yes # drinks per week \_\_\_\_\_ [ ]No

Other drug use during pregnancy [ ]Yes specify \_\_\_\_\_ [ ]No

**Developmental Milestones** Have you or your child's pediatrician had concerns regarding age he/she: Smiled \_\_\_\_\_ Sat without support: \_\_\_\_\_ Walked \_\_\_\_\_ First words \_\_\_\_\_ Used sentences \_\_\_\_\_ Talked \_\_\_\_\_ Toilet trained at night \_\_\_\_\_ Toilet trained during day \_\_\_\_\_ Rode bike \_\_\_\_\_

Childhood diseases (age and complications if any)? [ ]Yes [ ]No If yes, briefly explain:

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History of ear infections? [ ]Yes [ ]No If yes, briefly explain:

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Allergies or asthma? [ ]Yes [ ]No If yes, please list:

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Sleep problems, past and/or present? [ ]Yes [ ]No If yes, briefly explain: \_\_\_\_\_

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Hospitalizations? [ ]Yes [ ]No If yes, briefly explain:

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Head injuries? [ ]Yes [ ]No If yes, briefly explain:

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**Name of Child's Primary Care Physician:** \_\_\_\_\_

Child Last Physical Exam Date and Results:

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**Other relevant medical problems?** \_\_\_\_\_

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**Is the child taking any medications?** [ ]Yes [ ]No If yes, name of **Prescribing Doctor:**

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Please list medications and describe any benefit or adverse effects from these medications:

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**Has the child received previous psychiatric treatment, psycho-educational testing, speech-language therapy, or occupational therapy?**

Yes  No If yes please list:

Dates	Name of Clinician	Reason for Treatment
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## FAMILY INFORMATION

**Parents' Marital Status** \_\_\_\_\_ Date of separation/divorce, if applicable \_\_\_\_\_ / \_\_\_\_\_

With whom does the child live? \_\_\_\_\_

Who has physical custody? \_\_\_\_\_ Legal custody? \_\_\_\_\_

**Who generally disciplines the child?** \_\_\_\_\_

What methods are used? \_\_\_\_\_

Do parents agree on methods of discipline? [  ]Yes [  ]No If no, please elaborate:

**List all people living with the child in the home:**

Name	Age	Relationship	Current Health
_____	_____	_____	Good Fair Poor _____
_____	_____	_____	Good Fair Poor _____
_____	_____	_____	Good Fair Poor _____
_____	_____	_____	Good Fair Poor _____
_____	_____	_____	Good Fair Poor _____
_____	_____	_____	Good Fair Poor _____
_____	_____	_____	Good Fair Poor _____

**Are any children adopted or with you in foster care?**

[  ]Yes [  ]No If yes, please elaborate: \_\_\_\_\_

\_\_\_\_\_

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<b>FAMILY RECORD</b> <i>Indicate with a check-mark the condition and relationship of any blood relative who has or has had any of the conditions listed below.</i>	None	Client	Parent	Parent	Grandfather	Grandmother	Brother	Sister	Other	Indicate Other Relative
Alcoholism/substance abuse										
Allergies										
Anxiety										
Attention Problems										
Autism/Developmental Problems										
Birth Defects										
Depression/Bipolar										
Diabetes										
Eating Disorder										
Learning Problems										
Major Mental Illness										
Migraines										
Obsessive-Compulsive Disorder										
Seizure Disorder										
Thyroid Problems										
Tic Disorder										
Other										

**Has any other member of the child's immediate family had mental health treatment?**

[ ]Yes [ ]No If yes, please elaborate: \_\_\_\_\_

\_\_\_\_\_

**Other Comments:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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## SCHOOL INFORMATION

If your child has even been to a school (including nursery, kindergarten, grade school, and home school), complete the following for all grades beginning with nursery and ending with current placement. Please indicate if your child repeated or is in a special class (gifted/talented, learning disabled, behavior disordered, emotionally handicapped, etc).

Grade School	Comments
_____	_____
_____	_____
_____	_____
_____	_____

**Has your child ever received special accommodations at school according to an Individual Education Plan (IEP) [ ] or 504 Plan [ ]?** If check-marked, please list accommodations currently receiving: \_\_\_\_\_

Has your child ever received academic tutoring? [ ]Yes [ ]No If yes, please elaborate: \_\_\_\_\_

<b>CURRENT SCHOOL PERFORMANCE</b> <small>Indicate with a check-mark the child's functioning for each academic subject.</small>					
	Failing	Below Average	Average	Above Average	Comments
Reading					
Writing					
Math					
<i>Please list other academic subjects below (history, science, foreign language, etc)</i>					

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## SOCIAL INFORMATION

How many close friends does your child have? [ ]None [ ]1 [ ]2 or 3 [ ]4+

Does your child have a best friend? [ ]Yes [ ]No

Do you approve of your child's friends? [ ]Yes [ ]No

How many times per week does your child do things with friends outside of school?

[ ]None [ ]1 [ ]2-3 [ ]4+

Compared to other children of the same age, how does your child get along with other children?

[ ]Poor [ ]Average [ ]Great

Does your child prefer other children who are [ ]younger, [ ]older, or [ ] the same age?

**Please list your child's favorite recreational or extracurricular activities and the approximate number of hour/week he or she spends doing them:**

Activity

\_\_\_\_\_ [ ]None [ ]1 [ ]2 or 3 [ ]4+

\_\_\_\_\_ [ ]None [ ]1 [ ]2 or 3 [ ]4+

\_\_\_\_\_ [ ]None [ ]1 [ ]2 or 3 [ ]4+

\_\_\_\_\_ [ ]None [ ]1 [ ]2 or 3 [ ]4+

**Please list any jobs or chores that your child has at home or at school, and how well he or she does these jobs.** (For example, feeding the dog, making the bed, hall monitor, etc.)

[ ]None

\_\_\_\_\_ [ ]Poor [ ]Average [ ]Great

\_\_\_\_\_ [ ]Poor [ ]Average [ ]Great

\_\_\_\_\_ [ ]Poor [ ]Average [ ]Great

**What are your child's main strengths?**

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## PARENTAL CONCERNS

What do you believe is your child's main difficulty?

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What do you believe caused this difficulty?

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What have you been told by doctors, teachers and/or others about your child's difficulties?

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**Other Comments:**

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